

ADVANCED BUFFERED CREATINE



RDA%*



FOOD SUPPLEMENT

DIRECTIONS: Take 3 capsules a day on an empty stomach with ample fluids, preferably after training prior to a meal. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

Kre-Alkalyn® is a patented form of Creatine. It is "pH-correctTM", buffered to slow the pH sensitive Creatine's conversion to useless Creatinine. MEGA KRE-ALKALYN is a Creatine product with a pH above 12, because it's synthesized using a patented manufacturing process to change its pH. It is intended to make it more stable and be more available in the body more efficiently! Creatine is a nitrogenous organic acid that occurs in vertebrates. Approximately 95% of the Creatine in the body is located in skeletal muscle. It helps to supply energy to all cells, primarily muscle, by increasing the formation of Adenosine TriPhosphate (ATP) acting as cell energy reserve also for muscle contractions. MEGA KRE-ALKALYN contains the most studied Creatine form ever. Creatine in a 3 g daily dose is scientifically proven to increase performance in successive burst of short-term, high intensity exercise like weight training and interval cardio*.

*These statements have been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC).

WARNINGS: As with all exercise and nutritional programs, please consult your physician first. Keep out of the reach of children! DON'T EXCEED THE RECOMMENDED DAILY DOSAGE!

Ingredients: Kre-Alkalyn® (buffered Creatine Monohydrate) Cansule Shell (Boyine Selatin)

ALLERGEN INFO: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts!

Store in a cool, dry place. Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.

SUPPLEMENT FACTS
Serving Size: 3 capsules
Servings Per Container: 40
Amount per serving

Kre-Alkalyn® 3600 mg ("pH-correctTM" buffered Creatine Monohydrate)

*RDA%: Percent of the Recommended Daily Allowance † RDA not established in the EU.

Ingredients: Kre-Alkalyn® (buffered Creatine Monohydrate), Capsule Shell (Bovine Gelatin; Color: Titanium dioxide), Anti-Caking Agent (Magnesium Stearate).

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